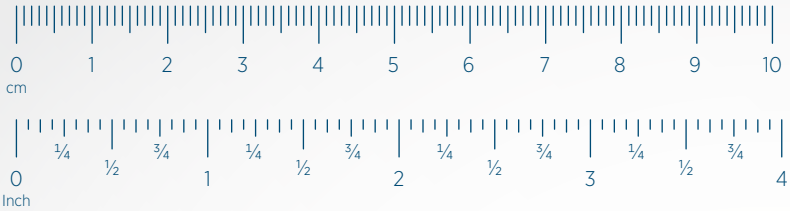
F&P Simplus

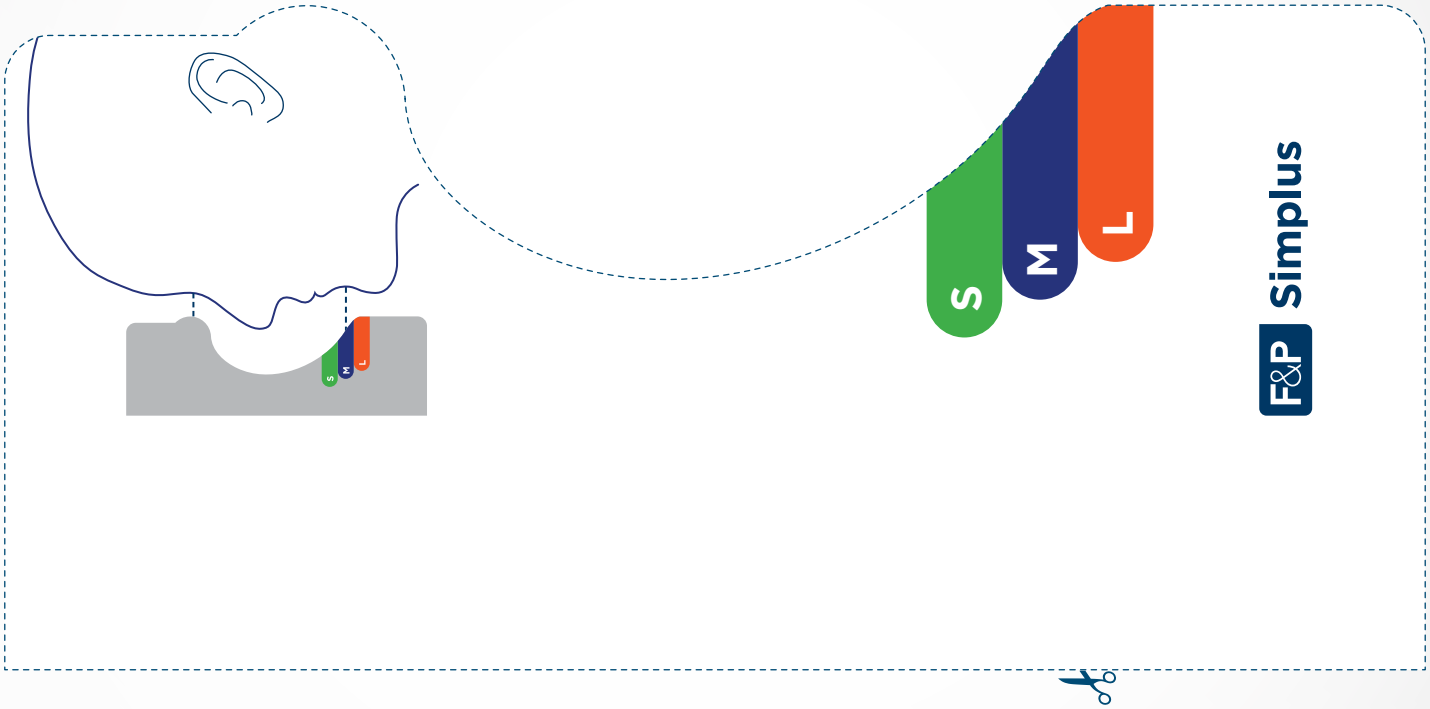
Sizing guide instructions:

1. Print this sizing guide onto US Letter-sized paper.
2. Place your ruler next to a ruler printed below to ensure they measure the same. If they don't, please contact your healthcare provider.
3. With your scissors, carefully cut along the dotted lines on the sizing guide.
4. Follow the directions on the sizing guide to determine the recommended seal size.

Tip

Use a mirror or someone at home to assist you with sizing.





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